

Tel: 22003434

Website: www.sth.org.hk

※ 本院设有「八达通」时钟泊车服务

We provide Octopus hourly parking service

● 公共小巴绿色专线 / Green Line Public Bus:
2, 17M, 25M, 46, 70

※ 红色非专线: 旺角往新蒲岗/黄大仙/九龙城
Red Line Minicab: Mongkok to San Po
Kong / Wong Tai Sin/Kowloon City

● 公共巴士 / Public Bus : 1, 1A, 2A, 6D, 7B, 9,
12A, 13D, 16, 24, 27, 42, 95, 98C, 113,
203E, 296C, N216

● 港铁 / MTR

※ 乐富站换乘的士约五分钟到达

Lok Fu Station: 5 mins by taxi

※ 旺角站换乘非专线小巴(近先达广场)至露明
道 Mongkok Station: by red line minicab, get
off at Lomond Road

※ 宋皇台: B1 出口, 可步行 5-10 分到达 Sung
Wong Toi: Exit B1, about 5-10 minutes walk

● 东铁 / East Rail Line

※ 旺东可换乘的士约五分钟到达
Mongkok East: about 5 minutes by taxi

※ 九龙塘可换乘专线小巴 25M 至界限街 Kowloon
Tong: by green line bus no. 25M

※ 复康巴士电召服务 /Rehabus (Dial a
Ride) : 28178154



St. Teresa's Hospital
聖德肋撒醫院

Management of
Scald / Burns
燙傷及燒傷處理

Health Information
健康信息

烫伤及烧伤处理

- 用大量冷水冲洗伤处最少 20-30 分钟，以减轻伤势及痛楚
- 尽快除下伤处附近之饰物，如戒指，手表，手钲等
- 冲洗后，用清洁纱布或保鲜膜暂时包裹伤处，尽快去医院/诊所求医
- 避免伤处受压或磨擦
- 烧伤/烫伤可引致大量痛楚，可服用止痛药以减轻痛楚
- 轻微烧伤/烫伤可自行愈合
- 勿自行涂抹药膏或食油等处理伤处，避免令伤势恶化，增加伤口发炎之机
- 避免自行刺破任何水泡，以免导致伤口感染
- 勿敷冰袋
- 抬高患处(例如:肢体)

*以上信息只供参考，并不能完全反映医生意见，想了解更多有关信息，应咨询你的医生。

Management of Scald/Burns

- Run cool water over the burned area for at least 20-30 minutes
- Remove accessories near the injured area
- After rinsing the burn, cover the burn with a sterile non-adhesive bandage or cling film and go to hospital / clinic
- Protect the burn from friction and pressure
- No ice pad
- Elevate the affected area (e.g. Limb)



- Burns can extremely painful, over-the-counter pain medication may be used to help relieve pain
- DO NOT apply ointment, cream, or any household remedy to a burn. This can interfere with proper healing
- Minor burns will usually heal without further treatment
- DO NOT disturb blisters or dead skin
- See specialist for severe injury

*This document is for information purpose and is not intended to be a substitute for the advice of a doctor. Should you have any queries, please consult your doctor-in-charge.

References: Hudspith, J., Rayatt, S. (2004). First aid and treatment of minor burns. *BMJ*, 324, 1487-1489

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